

HS SURVIVOR

High School • 1 WEEK

www.campTekoa.org • 828-692-6516



OVERVIEW

Survivor is one of Tekoa's most popular adventure camps! Much like the TV show Survivor, campers engage in group challenges and competitions in order to earn supplies and valuable equipment throughout the week. Campers live at a covered sleeping shelter where they learn how to make fires, prepare food, and navigate challenges, culminating with a "final challenge" day on Friday. Challenge, teamwork, and perseverance will be learned as campers grow in skills and in their faith!



PHYSICAL FITNESS

- Swim test; 100 ft without stopping and tread for 1 minute
- Climbing Tower, Vertical Play ground and High Ropes to comfort zone with a 40 ft. maximum ht.

*Healthy enough to camp outside all week

SKILLS LEARNED



- Food prep and cooking
- Overcoming Challenges
- Fire building
- Knife safety
- Teamwork
- Leave No Trace (LNT) basics
- Graceful losing and winning



PACKING LIST

Please put your camper's name on all belongings

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| ☐ Bible, notebook & pen/pencil | ☐ Flashlight or Headlamp (with extra batteries) |
| ☐ Water bottle or canteen with screw-on lid | ☐ Shorts & long pants |
| ☐ Shirts (short & long sleeved) | ☐ Sweatshirt, sweater or jacket |
| ☐ Rain coat with hood or cap | ☐ Personal Items (toothbrush/paste, soap, shampoo, deodorant) |
| ☐ Towels & washcloths | |
| ☐ Pillow & Sleeping Bag | |
| ☐ Insect repellent & sunscreen | |
| ☐ Sleeping foam pad (if desired) | |
| ☐ Sleeping Pad (campers sleep in rustic shelters) | |
| ☐ Mesh/ plastic bag to put wet clothes in | |
| ☐ Bathing Suit- 2 if you have them (females: 1-piece) | |
| ☐ Sturdy shoes or boots | |
| ☐ Rubbermaid Container for belongings (to keep them dry) | |
| ☐ Bathing suit or clothing that can get stained | |
| ☐ Campers may bring a small knife (3" blade) for use with supervision | |

Please- do not pack snacks, we provide them. Snacks attract animals.

Care Packages for Survivor campers are fine. Do not include snacks.

REMINDER: Please remember to keep electronic devices at home - this includes **cell phones, apple watches, etc.**