Sample Menu	Breakfast	Lunch	Supper
Sunday			Pizza, Caesar salad, corn, salad bar, fresh pineapple, brownies
Monday	French toast sticks, bacon, berries, cereal, yogurt, grits, oatmeal	Chicken sandwiches, rosemary potatoes, cucumber salad, salad bar, fruit, rice	Lasagna, garlic bread, broccoli, salad bar, fruit, cream puffs
Tuesday	Muffins (blueberry, lemon poppyseed), sausage links, melon, cereal, yogurt, grits,	Grilled cheese sandwiches, choice: tomato or chicken noodle soup, corn nuggets, fruit,	Fajitas, rice, beans, chips and salsa, queso, guacamole, salad bar, fruit, churros
Wednesday	Breakfast burritos, homefries, fruit, cereal, yogurt, grits, oatmeal	Meatball subs, zucchini sticks, salad bar, fruit, cookies	Baked ham, mac and cheese, cheddar biscuits, peas, salad bar, applesauce, cake
Thursday	Biscuits, sausage, egg patties, baked apples, cereal, yogurt, grits, oatmeal	Hoagies, smiley fries, veggies and ranch, pears, salad bar, oreo pudding	Fried chicken, mashed potatoes, green beans, rolls, salad bar, fruit, peach cobbler
Friday	Chicken and waffles, fruit, grits, oatmeal, cereal, yogurt	Chicken salad croissants, chips, fried pickles, watermelon, salad bar, pound cake	Choice: bao buns or potstickers, fried rice, egg rolls, mandarin oranges, salad bar, fortune cookies
Saturday	Scones, fruit, leftovers		