

# TEKOA OVERNIGHT- MIDDLE SCHOOL

www.camptekoa.org \* 828-692-6516



## OVERVIEW

Camp Tekoa's progressive overnight program allows campers to engage in age appropriate activities, challenging them physically, mentally, and spiritually year after year. Overnight campers will learn parallel lessons between these activities and their own personal spiritual walk. It is easy to spend time learning and reflecting in God's natural world and to feel Christ's presence throughout the week.

Middle School TKO camp is a fun and challenging combination of both on-site and off-site activities. Campers have the opportunity to take adventure to the next level while they are here at Tekoa by challenging themselves to climb our 40-foot climbing tower or zip across our lake zipline. Campers will also be involved in on-site activities such as group challenge courses, boating, swimming, rope swing, arts & crafts, hiking, campfires, talent shows and more. Off-site, campers may visit Pisgah National Forest's multiple hiking trails and waterfalls. One of our most popular middle school activities is the group cookout/campout. Camp Tekoa has 5 campsites on property, where groups cook dinner over an open fire and sleep on a covered platform under a canopy of large trees, playing games, telling stories, preparing skits for the weekly talent show, partaking in devotions and much more. See a Sample Schedule of activities.

TKO camps are organized in family groups. For Middle School Overnight Camp, each family group typically consists of 6-9 boys and 6-9 girls with a male and female counselor. This type of structure promotes strong camper-to-camper and camper-to-staff relationships. Family groups participate in all activities and meals together and are housed separately by gender in bunk style cabins or lodges. Depending on registration numbers, some family groups are single gendered. Family groups are organized by camper age and cabin mate requests within the Middle School Overnight program. **We honor one mutual cabinmate per camper.**



## PACKING LIST

***Please label your belongings***

- Bible, notebook & pen/pencil
- Flashlight (with extra batteries)
- Water bottle or canteen with a screw-on lid
- Shorts & long pants
- Shirts (short & long sleeved)
- Sweatshirt, sweater or jacket
- Rain coat with hood or cap
- Bathing suit (females: 1-piece)
- Towels & washcloths
- Personal Items (toothbrush/paste, soap, shampoo, deodorant, cup)
- Pillow & Sleeping Bag/Sheets for cabin
- Insect repellent & sunscreen
- Good sturdy shoes for hiking
- Bathing suit or clothing that can get stained (Camp Tekoa has a mud pit and slip-n-slide – participation is optional)
- River sandals (sandals with a heel strap) or an additional pair of tennis shoes that can get wet. Flip-flops do not count.
- Sleeping Bag for campout

### **REMINDER:**

**Please remember to keep electronic devices at home - this includes cell phones**