

TEKOA OVERNIGHT- HIGH SCHOOL

www.camptekoa.org * 828-692-6516



OVERVIEW

High School campers have an experience like no other. Regardless of whether a High School Overnight camper has come to Tekoa before, they seem to embrace their week of spiritual growth and renewed self-confidence. They gain lifelong friendships through fun Tekoa activities and their interaction with other group members and Family Group Leaders. In addition to classic camp activities such as boating, swimming, climbing, zipline, hiking, talent show, camping/cooking outdoors, swamp canoes, and the challenge course, High School Overnight campers will experience Tekoa's high ropes course, whitewater rafting (additional parental authorization required for rafting), Big Meadow Zipline and participating in a community outreach project - activities reserved only for high school campers!

Camp Tekoa has a progressive overnight program, which allows campers to engage in age appropriate activities, allowing them to be challenged physically, mentally, and spiritually year-after-year. High school campers will learn parallel lessons between these activities and their own personal spiritual walk. It is easy to spend time learning and reflecting in God's natural world and to feel Christ's presence throughout the week.

Tekoa Overnight (TKO) camps are organized in family groups. For High School Overnight Camp, each family group typically consists of 6-9 boys and 6-9 girls with a male and female counselor. This type of structure promotes strong camper-to-camper and camper-to-staff relationships. Family groups participate in all activities and meals together and are housed separately by gender in bunk style cabins or lodges. Depending on registration numbers, some family groups are single gendered. Family groups are organized by camper age and cabin mate requests within the High School TKO program.



PACKING LIST

Please label your belongings

- Bible, notebook & pen/pencil
- Flashlight (with extra batteries)
- Water bottle or canteen with a screw-on lid
- Shorts & long pants
- Shirts (short & long sleeved)
- Sweatshirt, sweater or jacket
- Rain coat with hood or cap
- Bathing suit (females: 1-piece)
- Towels & washcloths
- Sun block SPF-15 to SPF-30
- Personal Items (toothbrush/paste, soap, shampoo, deodorant, cup)
- Pillow & Sleeping Bag
- Insect repellent (if desired)
- Good sturdy shoes for hiking
- Bathing suit or clothing that can get stained (Camp Tekoa has a mud pit and slip-n-slide – participation is optional)
- River sandals (sandals with a heel strap) or an additional pair of tennis shoes that can get wet. Flip-flops do not count.

REMINDER:

Please remember to keep electronic devices at home - this includes cell phones